

**Statement for Special Diet Prescription - Delaware Department of Education-School Nutrition Programs**

The following child is a participant in one of the United States Department of Agriculture (USDA) programs: National School Lunch Program, School Breakfast Program, After-school Snack Program, Summer Food Service Program or the Child and Adult Care Food Program. USDA regulations 7CFR Part 15B requires substitution or modifications in school/program meals for children whose disabilities restrict their diets. A child with a disability must be supplied substitutions in foods when that need is supported by a statement signed by a licensed physician. Food allergies which may result in severe, life-threatening (anaphylactic) reaction, also meet the definition of "disability", and the substitutions prescribed by the licensed physicians/medical authority would be made. The statement must include the following:

**Part 1: To be completed by Parent/Guardian**

Child's Name:	Date of Birth: _____ M _____ F
Name of School/Center/Program:	Grade Level/Classroom: _____
Parent's/Guardian's Name:	In accordance with the provisions of the health Insurance Portability and Accountability Act of 1996 and the Family Educational Rights and Privacy Act, I hereby authorize _____ (doctor's name) to release such protected health information of my child as is necessary for the specific purpose of Special Diet information to _____ and I consent to allow the physician/medical authority to freely exchange the information listed on this form and in their records concerning my child, with the school program as necessary. I understand that I may refuse to sign this authorization without impact on the eligibility of my request for a special diet for my child. I understand that permission to release this information may be rescinded at any time except when the information will expire on _____.  Parent/Guardian Signature: _____  Date: _____
( ) ( ) Home Phone Work Phone	
Address:	

**Part 2: To be completed by Physician/Medical Authority**

Does the child have a disability? Yes _____ No _____ If Yes, please describe the major life activities affected by the disability.	Does the child have special nutritional or feeding needs? Yes _____ No _____ If yes, please complete Part 3 of this form and have it signed and stamped with the office name and address by a licensed physician/medical authority.
If the child is not disabled, does the child have special nutritional or feeding needs? Yes _____ No _____ If Yes, please complete Part 3 of this form and have it signed and stamped with the office name and address by a licensed physician/medical authority.	Does the child require emergency medication be administered? Yes _____ No _____ If Yes, please list medication(s) and describe situation/reactions that would necessitate administrating.

**Part 3: To be completed by Physician/Medical Authority**

List any dietary restrictions or special diet:

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List any food allergies or food intolerances:

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List foods or beverages to be substituted (**mandatory**):

*Added by Red Clay School Nutrition Services: For milk allergies, please list specific beverage alternatives (i.e.- soy milk):*

List foods that need the following change in texture. If all foods need to be prepared in this manner, indicate "All."

Cut up/chopped into bite sized pieces:

Finely Ground:

Pureed:

List any special equipment or utensils needed:

Indicate any other comments about the child's eating or feeding patterns:

Physician's Name and Office Phone Number:

Office Stamp

Physician's/Medical Authority Signature:

Date

**Part 4: Parent/Guardian's Signature**

Date

**Part 5: Program Signature**

School/Program Official Signature

Date

\*Please have parent/guardian review form annually and initial/date if no changes are required. Any changes require submission of a new form signed by the Physician/Medical Authority.